" THE wARM OUTLET "

ARM CHAPTER 22 NEWSLETTER

Autumn/Winter 2025 VOL.29 NO. 1

ARM 22 EXECUTIVE 2025-2026

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District 22 Website www.osstfd22.ca

ARM Chapter 22 website: www.ch22arm.ca

ARM Council Website: www.armcouncil.osstf.ca

MONTHLY BREAKFASTS: 9:30 a.m. 'w'arm up to us on Wednesdays

Nov 12	Falls Manor, Lundy's Lane, Niagara Falls (905)358-3211 – **Special Time: 10:00 a.m.**
Dec 10	Mandarin, Niagara Falls (905)358-7000 **LUNCH !2:00 Noon**; RSVP to Ray by Dec. 1
Jan 14	Welland Café, 506 E. Main Street, Welland, (905)788-2233
Feb 11	Early Bird Restaurant, 2 Merritt Street, St. Catharines, (905)680-8464
Mar 11	Early Bird Restaurant, 2 Merritt Street, St. Catharines, (905)680-8464

OTHER EVENTS

Nov. 26 **MOVIE Nite Dinner @ Domenic's @ 5:00 pm followed by a movie @** D 22 Niagara Office

CH'ARM'ING BITS … More quirks of the English language

A. A big hairy forest creature is a 'bear.'
To change direction you might 'bear' to the right.
To see something happen, you 'bear' witness to it.
To get something done, you may say 'bear' with me.
If you have no clothes on, you are 'bare.'

B. Feathered creatures swimming in the pond are 'ducks.'
To avoid getting hit, one 'ducks' out of the way.
To be organized, all your 'ducks' are in a row.
Air is carried through your house in 'ducts.'

C. To plant a garden, one 'sows' seeds.
To fix a shirt one 'sews' on buttons.
A person who 'sews' is a 'sewer.'
Rainwater goes down the 'sewer.'

D. What wood would you use?
They're taking their stuff over there.
The spell was cast by which witch.
Where wear that coat?

from your President

October 29, 2025

Dear ARMites of Chapter 22,

It is diffictult to believe that we have to think of ending another calendar year. I was asked to book the Falls Manor on Lundy's Lane for our November breakfast and when I called, they had a group on our day until 9:30; so… we can sleep in an extra half hour – we have a 10:00am reservation using my name on November 12. While I was at it, I called the Mandarin in Niagara Falls and booked us for NOON on Dec. 10; please RSVP to me (rmarshall23@gmail.com/(905) 354-8106) by December 1; I will need to give them a firm number. We are also planning another movie nite – let me know what you would like to see and I will attempt to find it for us. D22 office had an event on the 3rd Wednesday of November, so I opted for the 4th – Nov. 26. In the past, we have met for dinner @ Domenic's (Hwy 20 & Rice Road) at 5:00 and then re-located to the D22 office. I may be able to make some popcorn if anyone wants some. Let me know.

If you look very carefully at the return address on your envelope, you will see that D22 has a new address – no the building hasn't moved, just how Canada Post plans to route mail there; no longer in Fonthill, now Thorold – Progress??

Did you know that ARM turns 30 in 2026? I remember the AMPA that established us. ARM Council has formed a committee to plan some celebrations. (Our 25th was stymied by COVID, in case you forgot). There has been some talk of a province-wide event, probably available via zoom, but nothing that I can report as yet. Watch for announcements possibly in a future newsletter, or certainly via email. I do try and remind all those that I have an email address for on the weekend before a Chapter event. I sent my last reminder on October 18. Check your email for that date. If it isn't in your in-box, try the trash, spam, &/or junk folders. In this day, email is increasingly important. I only have about 75% of the membership's email addresses. If you are not receiving my "regular" missives, please send me your current email and I will update my list. If you would like me to stop, just tell me and I will remove you from the active list.

As I have told you in the past, I volunteer to represent you on the district C/PAC committee with Peter Beens. The province is hosting regional C/PAC conferences on November 7/8 and Peter is registered to attend. My sense is much of this year will be spent planning how to approach the next round of negotiations that will likely start some time in 2026. Currently Active Members are being asked to complete a survey to give direction to the Provincial Executive. I am certain it will be different that last time (it always is different, no news here 😊) The local C/PAC has two events planned for this fall; the first is a Trivia Night Fundraiser to support Project Plaid on November 28 at the Merritton Legion Hall. Last year, we packed the hall and hope to do so again, raising money for Pathstones Mental Health. That same weekend, (but on Sunday, Nov. 30), the annual Family Holiday Party will be held at the DSBN Academy. ARM members are invited to take part in either or both. Contact me for more information.

This past week was 6 months after Earth Day and 4 of us celebrated by closing the garden for the winter. My deep & heartfelt thanks goes to Madis, Mike, & Tom. I never know how many or who will come to join me and this year we had members that spanned the generations – from founding the garden through the maintainers and the next generation. Thanks gentlemen. It is a priviledge to work with you. Check out the evidence on the next page.

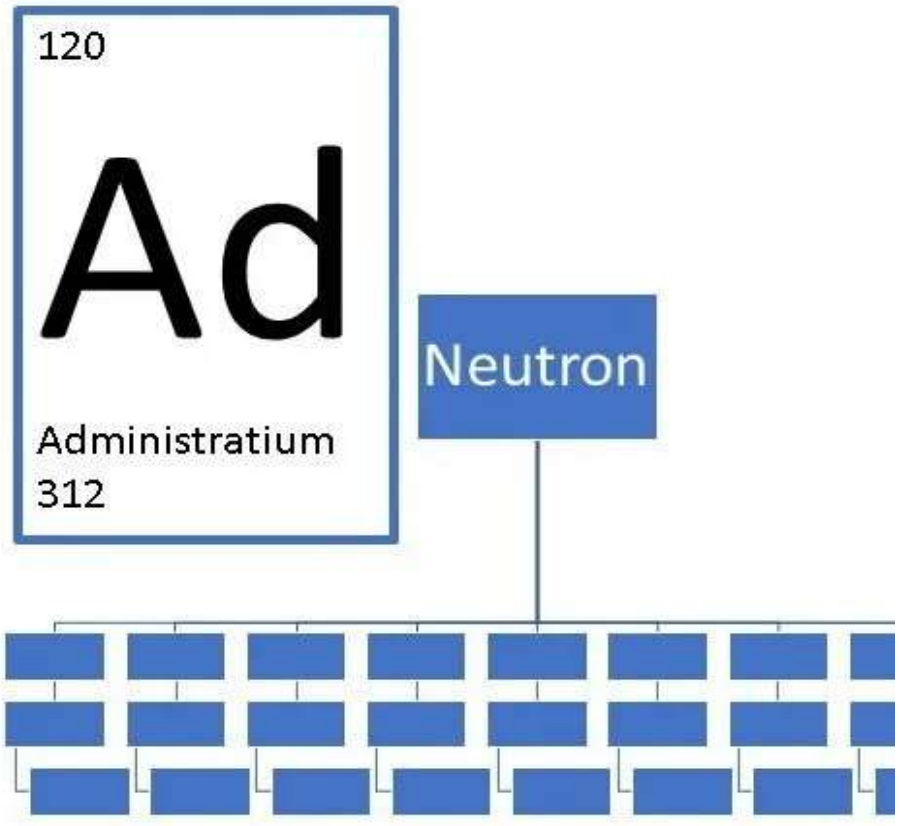
Hope to see you at one or all of our planned events. As always, keep in touch. Feel free to contact me anytime, but especially before a breakfast/lunch so we the have numbers to give the restaurants.

Thanks, 😊

Ray

Wonders never cease!!. Take a look at this new element discovered recently and my apologies to the science teachers among you:

NEW ELEMENT ADDED TO THE PERIODIC TABLE: ADMINISTRATIUM



Investigators at a major research institution have recently discovered the heaviest element known to science. This startling new discovery has been tentatively named Administratium (Ad). This new element has no protons or electrons, thus having the atomic number of 0. It does, however, have 1 neutron, 125 assistant neutrons, 75 vice neutrons and 111 assistant vice neutrons, giving it an atomic mass of 312. These 312 particles are held together by a force called morons, which are surrounded by vast quantities of lepton-like particles called peons. Since it has no electrons, Administratium is inert. However, it can be detected as it impedes every reaction with which it comes into contact. According to the discoverers, a minute amount of Administratium causes one reaction to take over four days to complete when it would normally take less than a second. Administratium has a normal half-life of approximately three years; it does not decay but instead undergoes a reorganization in which a portion of the assistant neutrons, vice neutrons and assistant vice neutrons exchange places. In fact, an Administratium sample's mass will actually increase over time since, with each reorganization, some of the morons inevitably become neutrons, forming new isodopes. This characteristic of moron promotion leads some scientists to speculate that Administratium is formed whenever morons reach a certain quantity in concentration. this hypothetical quantity is referred to as the "Critical Morass".You will know it when you see it

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