# Active Retired Members Chapter 29

Mark Your Calendar | Who We Are and What We Do | Executive Members

## **A Standing Invitation**

Come join your fellow retirees for breakfast! Unless you receive an email to the contrary, such as for the month of August, we meet on the third Thursday of each month.

**Where:** Northway Restaurant Address: 205 North Front Street Belleville, Ontario K8P 3C3 Contact Information:

613-962-7119

Menu:

www.northwayrestaurant.com

When: 9:00a.m.

## **Next Meeting**

Come join us for lunch as we take the opportunity to toast our newest retiree colleagues as we also host guest speakers and musicians from the Quinte Society for Chamber Music (QSCM).

#### Where: Sugarbush Vineyards

Address: 1286 Wilson Road, R.R.#1 Hillier, Ontario K0K 2J0 Contact Information:

613-399-9000

info@sugarbushvineyards.ca

When: 17 August @ 11:30a.m.

**Note:** Please check your email for a message from Doug, dated 1 August, that includes the lunch menu options. You are asked to email Doug with your food choice by *14 August*.



## What is ARM?

We are a group of retirees all of whom have a connection to education, a wish to gather for social events/political action activities, and a desire to stay informed on issues related to education, federation activities, pension and benefits, politics, and social/community activism.

## Who We Support

Chapter 29 is proud to provide annual financial support to each of the following, as determined at our Annual General Meeting:

Adopt-A-Child

Bursary (\$500) to a graduating student studying education

Christmas Sharing program

Gleaner's Food Bank

Open Door Cafe

Salvation Army dinner program



#### Issue #1: August 2023



## Your input, please!

Have a suggestion for the location of a future meeting? Contact Doug.

Have an idea for a future social event or future presenter/guest speaker? Contact Scott or Marian.

Know of someone who is not receiving ARM's communications or is newly retired? Contact Marian.

#### **Your Executive**

Feedback? Questions? Want to get more involved? Contact us!

- Doug Ferguson, President email: <u>armdistrict29@gmail.com</u>
- Mike McMahon, Vice-President
- Sharon Ostman, Secretary-Treasurer
- Marian Moon, New Member Coordinator email: mbm@kos.net
- Scott Young,
  Social Events Coordinator email: xiscotty@gmail.com
- Jim Stewart, Past-President
- John Zikopoulos, Founding President

## How to Join Us

Choose one of the following routes:

- I.Visit <u>OTIP.com</u> and click "Join ARM" when you select your RTIP insurance package.
- 2. Visit <u>osstf.on.ca</u> and click on the ARM icon at the bottom of the webpage to access the ARM application form.

The annual membership fee of \$50, due I January each year, is waived until the January following your enrolment. If you join the ARM Health Plan your membership fee is collected with the January benefit premium. Half of your cost is rebated to our chapter to support our budgeted items.

## Putting the "Active" in Active Retired Members

At our July 2023 meeting fellow ARM member Tony Crocker provided information about Seniors for Climate Action Now! (SCAN!). This "senior's climate action group...is democratic, accountable, equitable, and participatory", provides several new information posts each month, and has a number of committees and working groups from which to choose all of which welcome new members. For further information speak to Tony at the next ARM meeting or go to https://seniorsforclimateactionnow.org.

## **Upcoming Community Events**



Know of an upcoming event which may be of interest to our members? Contact Marian.